



QUARTERLY

PROGRAMMING IMPACT

REPORT

Q1, 2024

Community Initiatives



MHP Salud meets children, families and individuals where they are – right in their own neighborhoods – to serve and support them as they grow on their journeys toward health and well-being. Through trusting relationships and compassionate service, our CHWs empower underserved and vulnerable community members with life-changing education, connections and assistance.

We build healthier communities as we:

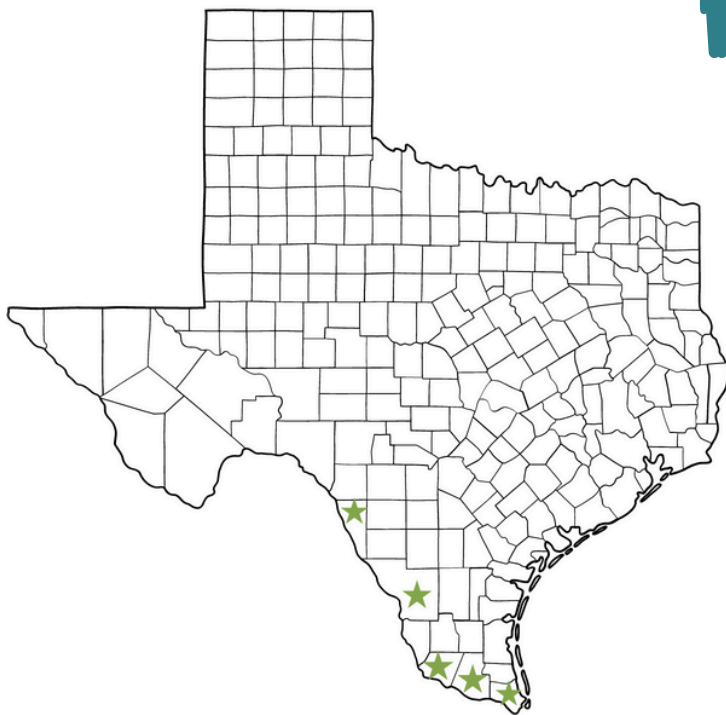
- Help individuals access critical health care with affordable insurance;
 - Equip older adults with education and resources to manage health conditions, prevent falls and increase social connections;
 - Educate youth and young adults on HIV and STI prevention, and connect them with local resources;
 - Connect families and individuals with vital resources for nutrition, education, translation and other social determinants of health;
 - Educate families on nutrition and physical activity;
 - Educate and support individuals managing chronic health conditions;
 - Empower parents of young children to create safe, strong foundations focused on healthy child development;
 - And much, much more.
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Overview

Through grassroots and community outreach, we build trust with our neighbors and open doors to connect underserved populations with access and resources that can change their lives.

Q1 Reach

2,825
Served



Top 5 Counties Served
Hidalgo * Webb * Maverick
Starr * Cameron



1 out of 2
participants have
less than a high
school diploma
or GED



Nearly 4 out of 5
participants have
a household
income of less
than \$25K



More than 1
out of 2
participants
are uninsured

Select Outcomes

Building Healthy Communities

Application Assistance

Connecting individuals and families with health coverage, nutrition support, temporary assistance, utility support and local resources.

Programs include:

Navigator * Connecting Kids to Coverage

Silver Connections * Digital Equity

988

Applications



503

Enrolled in a QHP*



76%

Approval rate



190

Referrals

*QHP = Qualified Health Plan

Select Outcomes

Building Healthy Families

Familias Saludables

Partnering with families to educate, equip and empower them to make healthy choices for lasting change.

40%

Increase in
fruit intake



34%

Increase in
physical activity



148

Served

Ámate

Educating Hispanic youth on HIV and STI prevention and testing.



94%

Increase in
HIV knowledge &/or
attitude change

35

Served

51%

Increase in
self-efficacy HIV
prevention



Select Outcomes

Building Healthy Families

Parents as Teachers

Partnering with families raising children ages 0-5 to encourage and support parents as they become their children's first teachers, creating the foundation for strong, safe, healthy homes and families.

100%

Success in keeping children safe at home and out of foster care



57 Families enrolled

84%

Retention rate



Select Outcomes

Supporting Healthy Aging

Esperanza y Bienestar

Supporting older adults through group activities and engagement, individual case management, and connections to local resources for health and mental health care.



66%

Increase in
physical activity

100%

Increase in
quality of life

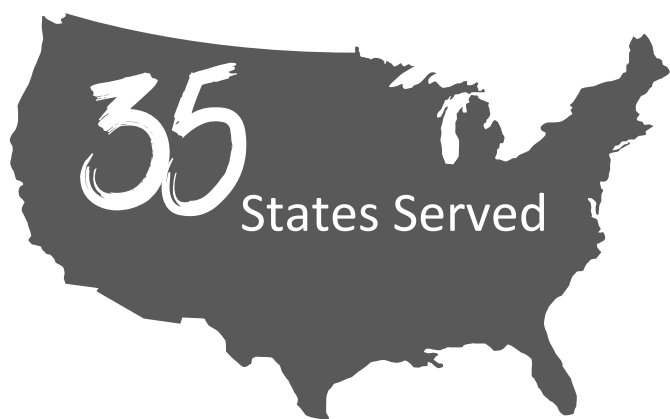
46%

Decrease in
depressive
symptoms

Workforce/Innovations



With more than 40 years of experience and 100+ years of collective expertise, MHP Salud builds healthier communities through virtual and in-person training and technical assistance, and through our highly successful Community Health Worker Training and Apprenticeship Program, which develops the next generation of Community Health Workers.



65

Health Centers
Reached through
T/TA



23

CHWTP*
participants
trained



37

CHWTP*
participants
enrolled in
apprenticeships

*CHWTP = Community Health Worker Training Program